



Local Mailing Address:  
PO Box 160, Albany Village  
Albany, Auckland  
New Zealand  
0800 445 967

Manufactured by  
Life Force®  
12460 Kirkham Court  
Poway, CA 92064  
www.lifeforce.net  
1 (800) 531-4877

# Body Balance®

**Product name:** Body Balance, 32 fl. oz. (960 mL)

**Item No:** NZ1, single bottle. Available in other quantities.

**Certified by:** Kosher (KSA), IASC (International Aloe Science Council), Halal (AFIC)

**Characteristics:** This natural, vegetarian-source liquid nutrition formula features health-supporting nutrients from the best of land and sea. Body Balance is designed to support your healthy lifestyle and overall wellbeing. Body Balance is made from whole foods. Make it a part of your daily diet.

- Liquid, whole-food supplement combines certified organically grown Aloe vera and our proprietary blend of nine sea vegetables – SeaNine™
- Provides a wide spectrum of nutrients that are in the balance and proportion that nature intended.
- Provides over 120 naturally occurring nutrients useful for optimal health, including vitamins, minerals, trace minerals, amino acids, essential fatty acids and enzymes, in synergy with a broad spectrum of phytonutrients (plant nutrients)
- Cold processed to keep nutrients in their natural state in the balance and proportion that nature intended.
- Good for all people over the age of one. Body Balance contains honey which is not safe for infants under one year of age.

**Colour:** Dark brown

**Flavour/taste:** Black cherry flavour; taste may vary seasonally.

**Texture:** Liquid

**Recommended Daily Intake:** 60 mL (2 fl. oz.) up to 240 mL (8 fl. oz.)

**Storage/shelf life:**

- **Unopened:** shelf-stable for 18 months when stored at room temperature, sheltered from light and moisture, and product is kept in its original packaging
- **Opened:** For the best benefits, use within 40 days. Refrigerate after opening at 5 C (41 F).

**Allergens:** None. Gluten-free, no sulfites.

Contains no added synthetic vitamins, minerals or caffeine.

**Ingredients:** Aloe Vera Juice (inner leaf), Honey, SeaNine™ Sea Vegetable Blend (Fucus vesiculosus, Chondrus crispus, Ascophyllum nodosum, Laminaria digitata, Porphyra yezoensis, Palmaria palmate, Ulva lactuca, Alaria esculenta, Gigartina chamissoi), Caramel Colour, Natural Black Cherry Flavour, Acidity Regulator (Citric acid), Preservatives (Potassium benzoate, Potassium sorbate), Steviol glycosides (calculated as steviol equivalents).

**General:** All Life Force International products are manufactured following cGMPs in compliance with the US Food and Drug Administration's cGMPs Regulations (21 CFR 110).



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Nutritional Information		
Servings Per Package		16
Serving Size		60 mL
Average Quantity	Per Serving	Per 100 mL
Energy	63kJ	105kJ
Protein	0 g	0 g
Fat - Total	0 g	0 g
- Saturated Fat	0 g	0 g
- Trans Fat	0 g	0 g
Total Carbohydrate	3 g	5 g
- Sugars	3 g	5 g
Sodium	3 mg	5 mg
Potassium	40 mg	66.6 mg
Aloe Polysaccharides	140 mg	232 mg



## Some of the important trace nutrients include:

### Vitamins

A  
 B1 (thiamine)  
 B12 (cyanocobalamin)  
 B2 (riboflavin)  
 B3 (niacin)  
 B5  
 B6  
 Biotin  
 C  
 D  
 E  
 Folic Acid  
 K

### Amino Acids

Alanine  
 Arginine  
 Aspartic Acid  
 Glutamic Acid  
 Glycine  
 Histidine  
 Isoleucine  
 Leucine  
 Lysine  
 Methionine  
 Phenylalanine  
 Proline  
 Serine  
 Threonine  
 Tyrosine  
 Valine

### Minerals

Aluminum  
 Antimony  
 Barium

Boron  
 Bromine  
 Calcium  
 Carbon  
 Cerium  
 Cesium  
 Chloride  
 Chromium  
 Copper  
 Dysprosium  
 Erbium  
 Fluoride  
 Gadolinium  
 Iodine  
 Iron

Magnesium  
 Manganese  
 Molybdenum  
 Phosphorus  
 Potassium  
 Praseodymium  
 Rhenium  
 Rubidium  
 Samarium  
 Selenium  
 Silicon  
 Silver  
 Sodium  
 Strontium  
 Sulfur  
 Tantalum  
 Thallium  
 Titanium  
 Vanadium  
 Ytterbium  
 Zinc  
 Zirconium

Essential Fatty Acids  
 Docosahexanoic Acid (Omega-3)  
 Eicosapentaenoic Acid (Omega-3)  
 Linolenic Acid (Omega-3)  
 Linoleic Acid (Omega-6)

### Anthocyanidins

Cyanidin  
 Delphinidin  
 Malvidin  
 Pelargonadin  
 Peonidin  
 Petunidin

### Saccharides

Arabinose  
 B-1,4 Mannans  
 Fucose  
 Galactose  
 Glucose  
 Hexans  
 Isomaltose  
 Kojibiose  
 Maltulose  
 Mannose  
 Polyhexanoses  
 Turanose  
 Xylose

### Phytochemicals

Algin  
 Antheraxanthins  
 Beta Carotene  
 Beta Sitosterol

Betaines  
 Caffeic acid  
 Chlorophyll  
 Choline  
 Creatinine  
 Ferulic acid  
 Fucoxidan  
 Fucoxanthin  
 Galactans  
 Gibberellin  
 Inositol  
 Lutein  
 Lutein  
 Mannitol  
 Melatonin  
 N-acetylgalactoseamine  
 N-acetylglucoseamine  
 N-acetylneuroaminic Acid  
 Phycocyanin  
 Phycoerythrin  
 Phytosterols  
 Salicylic Acid  
 Sorbitol  
 Uric Acid  
 Zeaxanthin

## Additional Mineral Results

Gold	Tungsten	Nickel	Gallium
Indium	Yttrium	Niobium	Germanium
Lanthanum	Lead	Arsenic	Palladium
Terbium	Lithium	Bismuth	Ruthenium
Thullium	Lutetium	Cadmium	Scandium
Tin	Neodymium	Cobalt	Tellurium

In addition to the above listed nutrients, Body Balance may also contain even more nutrients. The minerals listed here have been shown to be present in test results from varied Body Balance batches. When present, they are in micro amounts. They do not appear in each batch due to the variance from harvest to harvest.